



HAMPTON & FRIENDS

Activities for Adventurers of All Ages

Pine Needle Paint Brushes

MATERIALS NEEDED:

- Small twigs
- String, twine or rubber bands
- Conifer needles (pine needles, spruce needles, cypress needles, etc.)
- Tempera paint or liquid watercolor
- Plain paper



DIRECTIONS:

- 1** Go outside and look for conifer trees or shrubs from which to collect needles. Check around the bottom of the tree for needles or branches that have fallen to the ground. Be careful; some conifers have sharp needles! If they are wet, let them dry a little before making the paint brushes.
- 2** Place the needles around the end of the twig and wrap string or twine around the needles and twig to secure them in place. You can also use a rubber band to attach the needles if you have no twine or string. If you like, you can make a different brush for each paint color.
- 3** Now is the fun part: Use the brushes to paint a beautiful picture!

*For an added sensory experience,
include some drops of different essential oils in the paint!*