### PRIMARY PARTICIPANT

<table>
<thead>
<tr>
<th>First-Year</th>
<th>Returning</th>
<th>Summit County</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hiker</td>
<td>Hiker</td>
<td>Resident</td>
</tr>
</tbody>
</table>

#### MULTIPURPOSE TRAIL

<table>
<thead>
<tr>
<th>Trailhead</th>
<th>Distance</th>
<th>Signature</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bike &amp; Hike Trail</td>
<td>◇ ▲</td>
<td>Barlow Road</td>
<td></td>
</tr>
<tr>
<td>Freedom Trail</td>
<td>◇ ▲</td>
<td>Middlebury</td>
<td></td>
</tr>
<tr>
<td>Ohio &amp; Erie Canal Towpath Trail</td>
<td>◇ ▲</td>
<td>Big Bend</td>
<td></td>
</tr>
<tr>
<td>Ohio &amp; Erie Canal Towpath Trail</td>
<td>◇ ▲</td>
<td>Memorial Parkway</td>
<td></td>
</tr>
<tr>
<td>Ohio &amp; Erie Canal Towpath Trail</td>
<td>◇ ▲</td>
<td>Franklin</td>
<td></td>
</tr>
<tr>
<td>Ohio &amp; Erie Canal Towpath Trail</td>
<td>◇ ▲</td>
<td>Clinton</td>
<td></td>
</tr>
</tbody>
</table>

#### METRO PARK

<table>
<thead>
<tr>
<th>Location</th>
<th>Signature</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cascade Valley</td>
<td>◇</td>
<td>Overlook Trail</td>
</tr>
<tr>
<td>F.A. Seiberling Nature Realm (no pets)</td>
<td>◇</td>
<td>Rock &amp; Herb Garden</td>
</tr>
<tr>
<td>Furnace Run</td>
<td>◇</td>
<td>Brushwood Area</td>
</tr>
<tr>
<td>Goodyear Heights</td>
<td>◇</td>
<td>Alder Trail</td>
</tr>
<tr>
<td>Liberty</td>
<td>◇</td>
<td>Coyote Run</td>
</tr>
<tr>
<td>Liberty</td>
<td>◇</td>
<td>Maple Loop</td>
</tr>
<tr>
<td>Munroe Falls</td>
<td>◇</td>
<td>Meadow Loop</td>
</tr>
<tr>
<td>Sand Run (Old Portage Area)</td>
<td>◇ ▲</td>
<td>Jogging Trail</td>
</tr>
</tbody>
</table>

**Please note:** Before starting any fitness program, it is the participant’s responsibility to contact their physician with respect to any past or present illness or injury that may affect their ability to participate in the program.
2023 SPRING HIKING EVENT

TO PARTICIPATE

Complete FIVE hikes between May 1 and June 30 — on five different trails, the same trail or any combination of trails — to receive a reward. The starting point at each trailhead is the information kiosk, which has a legend with the following symbols:

- Teal Pentagon = 1/8 mile round trip
- Blue Circle = 1/4 mile round trip
- Yellow Square = 1/2 mile round trip
- Green Triangle = 1 mile round trip

Mileage markers are provided as an aid. You do not need to hike any prescribed length to receive credit. Some trails listed offer a limited section of accessible terrain. To hike the accessible portion, follow the Spree for All markers along the path.

First-year hikers earn a neck lanyard and commemorative pin. Returning hikers earn the pin. Hikes are FREE for all participants. Since the program is funded by Summit County tax dollars, out-of-county residents pay to receive their hiking rewards ($10 / first-year hikers, $5 / returning hikers).

WHERE TO GET YOUR REWARD

Administrative offices, 975 Treaty Line Rd., Akron 44313, Monday through Friday, 8 a.m. to 4:30 p.m.

F.A. Seiberling Nature Realm, 1828 Smith Rd., Akron 44313
Liberty Park Nature Center, 9999 Liberty Rd., Twinsburg 44087
Summit Lake Nature Center, 411 Ira Ave., Akron 44301

Wed. through Sat. 10 a.m. to 5 p.m.
Sunday Noon to 5 p.m.
Closed: Mon. & Tue.

Rewards are not mailed.

Rewards are not available after August 15, 2023.

MULTIPURPOSE TRAILS

BIKE & HIKE TRAIL
Barlow Road
331 Barlow Rd.
Hudson 44236

OHIO & ERIE CANAL TOWPATH TRAIL
Big Bend
1337 Merriman Rd.
Akron 44313

Memorial Parkway
499 Memorial Pkwy.
Akron 44310

FREEDOM TRAIL
Middlebury
1324 Middlebury Rd.
Kent 44240

Franklin
2328 Center Rd.
New Franklin 44216

PARKS

CASCADE VALLEY
Overlook Trail
354 Sackett Ave.
Akron 44313

GOODYEAR HEIGHTS
Pioneer Area
550 Frazier Ave.
Akron 44305

MUNROE FALLS
Tallmadge Meadows
1088 North Ave.
Tallmadge 44278

F.A. SEIBERLING NATURE REALM
1828 Smith Rd.
Akron 44313

LIBERTY
Twinsburg Ledges Area
9999 Liberty Rd.
Twinsburg 44087

SAND RUN
Old Portage Area
1300 Sand Run Pkwy.
Akron 44313

FURNACE RUN
Brushwood Area
4955 Townsend Rd.
Richfield 44286

For park maps, directions and descriptions of the trails: spreeforall.summitmetroparks.org, 330-865-8065.