

**April 25, 2023**

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## **ENJOY FLAT, EASY TRAILS DURING 20TH ANNUAL SPREE FOR ALL**

Spree for All, the two-month Summit Metro Parks hiking event on flat and easy trails, begins May 1 and continues through June 30. The annual event, which began in 2004, includes 10 different trail options that are great for families with young children and those who use wheelchairs, walkers, mobility devices and canes.

Since its inception, more than 46,000 participants have completed at least five hikes to earn Spree for All rewards: a neck lanyard and commemorative pin for each first-time hiker, and a commemorative pin for every returning hiker.

To participate in the event, download a hiking form at [spreeforall.summitmetroparks.org](https://spreeforall.summitmetroparks.org) or pick one up from the following locations:

- Summit Metro Parks administrative offices (975 Treaty Line Rd., Akron)
- F.A. Seiberling Nature Realm Visitors Center (1828 Smith Rd., Akron)
- Liberty Park Nature Center (9999 Liberty Rd., Twinsburg)
- Summit Lake Nature Center (411 Ira Ave, Akron)
- Acme Fresh Market ([multiple locations](#))

Then, earn rewards – free to Summit County residents – by completing five hikes, which can be on the same spree trail or a combination of different spree trails. Out-of-county residents pay to receive their rewards (\$10 for first-year hikers, \$5 for returning hikers). For more information, call 330-865-8065.

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In 2023, Summit Metro Parks is celebrating the benefits of native plants through Wild Back Yards. The park district manages more than 15,000 acres throughout 16 parks, three nature centers and over 150 miles of trails, including 22 miles of the Ohio & Erie Canal Towpath Trail. Annual attendance is

approximately 5.5 million visits. Find us online at [summitmetroparks.org](https://summitmetroparks.org).



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