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## CELEBRATE MOM AT ANNUAL MOTHER'S DAY 5K RACE

Participants can run, jog or walk to honor the mother figure in their lives at the 9th annual Mother's Day 5K on Sunday, May 10 at 8 a.m., at [Munroe Falls Metro Park](#) (521 S. River Rd., Munroe Falls). Take advantage of discounted pricing by registering early:

- Ages 15 and older pay \$30/person through March 31 and \$35/person April 1 through race day.
- Runners 14 and younger are free but must be registered in advance and accompanied by an adult registrant. T-shirts are available for purchase for free registrants.
- Registration is not required for children in strollers.

Ages 15 and older who register before May are guaranteed a free T-shirt, and all participants receive a complimentary flower on race day. Names of top finishers are engraved in the walkway at Munroe Falls Metro Park. Race proceeds benefit the [Summit Metro Parks Foundation](#).

The asphalt course, which travels twice around the park's scenic lake, is not certified ADA compliant, but wheelchair athletes and jogging strollers are welcome. Timing is provided by Western Reserve Racing. Generous support for the Mother's Day 5K is provided by Akron Life Magazine, Summa Health, House of Plants Florist and Vertical Runner. Visit [summitmetroparks.org](http://summitmetroparks.org) for more information and to register online.

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Summit Metro Parks manages 14,000 acres, including 16 parks, several conservation areas and more than 150 miles of trails, with 22 miles of the Ohio & Erie Canal Towpath Trail. Annual attendance averages 5 million visits. Visit us online at [summitmetroparks.org](http://summitmetroparks.org).



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