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CELEBRATE MOM AT THE MOTHER'S DAY 5K

Summit Metro Parks is proud to host the Mother's Day 5K as a limited-waste event

Run, jog or walk to celebrate the mother figure in your life at the park district's 13th annual Mother's Day 5K, presented by Buckingham. This chip-timed race circles Munroe Falls Lake and is fun for the whole family. The course is wheelchair and jogging stroller friendly. Proceeds benefit the [Summit Metro Parks Foundation](#).

Registration for ages 15 and older is \$30 through April 14 and \$35 from April 15 through race day. For ages 14 and under, registration is \$10 through race day. A choice of a free race t-shirt or native tree sapling is included with each paid registration, while supplies last. Register by April 14 to guarantee t-shirt size availability: bit.ly/smpMD5K (case sensitive).

Summit Metro Parks (SMP) is proud to host the 2024 Mother's Day 5K as a limited-waste event. All park district-provided items will be compostable, including water cups, packaging, food, food-safe gloves and greenery. Composting is made possible by race sponsor Rubber City Reuse. Recyclable race bibs and chip timers will be collected by SMP to be distributed to the appropriate recycling locations. Participants are encouraged to help by carpooling and bringing a reusable water bottle to the event. Those who bring a reusable water bottle can receive a Mother's Day 5K weatherproof sticker.

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Summit Metro Parks manages more than 15,000 acres throughout 16 parks, three nature centers and over 150 miles of trails, including 22 miles of the Ohio & Erie Canal Towpath Trail. Annual attendance is approximately 5 million visits. Find us online at summitmetroparks.org.



#summitmetroparks