

# 12<sup>th</sup> ANNUAL SPREE FOR ALL

SPRING HIKING EVENT

## INDIVIDUAL & FAMILY/GROUP HIKING FORM

### PRIMARY PARTICIPANT

			FIRST-YEAR Hiker	VETERAN	SUMMIT CO. RESIDENT
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Yes <input type="checkbox"/> No
Primary Participant's Last Name	First Name	M.I.	Age		
Address		City	State		Zip
Email		Phone			

### ADDITIONAL PARTICIPANTS

			FIRST-YEAR Hiker	VETERAN	SUMMIT CO. RESIDENT
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Yes <input type="checkbox"/> No
Last Name	First Name	M.I.	Age		
Last Name	First Name	M.I.	Age		
Last Name	First Name	M.I.	Age		
Last Name	First Name	M.I.	Age		
Last Name	First Name	M.I.	Age		
Last Name	First Name	M.I.	Age		

### MULTIPURPOSE TRAIL

Bike & Hike Trail  
Freedom Trail  
Ohio & Erie Canal Towpath Trail  
Ohio & Erie Canal Towpath Trail  
Ohio & Erie Canal Towpath Trail  
Ohio & Erie Canal Towpath Trail  
Ohio & Erie Canal Towpath Trail

### TRAILHEAD

Barlow Road  
Middlebury  
Big Bend  
Memorial Parkway  
Franklin  
Clinton

### DATES (Volunteers or staff may be available to date your form.)

### METRO PARK

Cascade Valley  
F.A. Seiberling Nature Realm (no pets)  
Furnace Run (1/8 mile round trip, only)  
Goodyear Heights (1/2 mile round trip, only)  
Gorge (1/2 mile round trip, only) Grade is approximately five percent.  
Liberty  
Munroe Falls (1/2 mile round trip, only)  
Sand Run

### LOCATION

Overlook Trail  
Rock & Herb Garden  
Brushwood Area  
Alder Trail  
Gorge Trail  
Maple Trail  
Meadow Loop  
Jogging Trail

**Please note:** Before starting any fitness program, it is the participant's responsibility to contact their physician with respect to any past or present illness or injury that may affect their ability to participate in the program.

**Summit**  
**Metro Parks**

All of these trails are flat, easy and accessible for users of all abilities.

# 2015 Spring Hiking Event

## TO PARTICIPATE

Complete **FIVE** hikes between **May 1** and **June 30** — on five different trails, the same trail or any combination of trails — to receive a reward. Starting point at each trailhead is the information kiosk, which has a legend with the following symbols:

- Blue Circle = 1/4 mile round trip
- Yellow Square = 1/2 mile round trip
- ▲ Green Triangle = 1 mile round trip

Mileage markers are provided as an aid. **You do not need to hike any prescribed length to receive credit.**

First-year hikers earn a neck lanyard and commemorative pin. Veteran hikers earn the commemorative pin. Hikes are **FREE** for all participants. Out-of-county residents pay to receive their rewards (\$10 for first-year hikers, \$5 for veteran hikers).

## WHERE TO GET YOUR REWARD

**The administrative offices** (975 Treaty Line Rd., Akron), 8 a.m. to 4:30 p.m. Monday through Friday.

**F.A. Seiberling Nature Realm** (1828 Smith Rd., Akron), noon to 5 p.m. Tuesday through Sunday.

**Rewards are not mailed. Forms cannot be redeemed after August 15, 2015.**

## MULTIPURPOSE TRAILS

### BIKE & HIKE TRAIL

**Barlow Road**  
331 Barlow Rd.  
Hudson 44236

### FREEDOM TRAIL

**Middlebury**  
1765 Northeast Ave.  
Tallmadge 44278

### OHIO & ERIE CANAL TOWPATH TRAIL

**Big Bend**  
1337 Merriman Rd.  
Akron 44313

**Memorial Parkway**  
499 Memorial Pkwy.  
Akron 44310

**Franklin**  
2328 Center Rd.  
New Franklin 44216

**Clinton**  
2749 North St.  
Clinton 44216



## PARKS

### CASCADE VALLEY

**Overlook Trail**  
354 Sackett Ave.  
Akron 44313

### F.A. SEIBERLING NATURE REALM

1828 Smith Rd.  
Akron 44313

### FURNACE RUN

**Brushwood Area**  
4955 Townsend Rd.  
Richfield 44286

### GOODYEAR HEIGHTS

**Pioneer Area**  
550 Frazier Ave.  
Akron 44305

### GORGE

**Main Entrance**  
1160 Front St.  
Cuyahoga Falls 44221

### LIBERTY

**Twinsburg Ledges Area**  
9999 Liberty Rd.  
Twinsburg 44087

### MUNROE FALLS

**Tallmadge Meadows Area**  
1088 North Ave.  
Tallmadge 44278

### SAND RUN

**Old Portage Area**  
1300 Sand Run Pkwy.  
Akron 44313

Additional forms available at *Acme Fresh Market* stores. For park maps, directions and descriptions of the trail surfaces: [summitmetroparks.org](http://summitmetroparks.org), 330-867-5511.