



975 Treaty Line Rd., Akron OH 44313



#summitmetroparks

## NEWS RELEASE

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### LOCAL MAN SHARES APPALACHIAN TRAIL JOURNEY

Experience the challenging and life-changing adventure of author Robert Grau, a local man who thru-hiked the Appalachian Trail.

Visitors can hear his unique story and see photos of his 2,191-mile hike over 14 states and 170 days during a program on September 9 at 6:30 p.m., at Coventry Oaks Pavilion in Firestone Metro Park, 40 Axline Ave., Akron.

Signed copies of Grau's book, "Five Million Steps on a Journey of Hope: Thru-hiking the Appalachian Trail," will be available for \$15, cash or check only. All proceeds from book sales are donated to Journey of Hope, a local charity that helps adult cancer patients who are in need of financial assistance.

For more information, visit [summitmetroparks.org](http://summitmetroparks.org) or call 330-865-8065.

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Summit Metro Parks manages 14,100 acres, including 16 parks, several conservation areas and more than 125 miles of trails, with 22.4 miles of the Ohio & Erie Canal Towpath Trail. Annual attendance averages 5.2 million visitors.

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